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## ABSORBENT GARMENT AND METHOD FOR PLACING AN ABSORBENT GARMENT ON A WEARER'S WAIST

## ABSTRACT OF THE DISCLOSURE

An absorbent garment for wear about a wearer's waist includes a waist belt, a garment shell and an absorbent assembly constructed to take in and retain body exudates released by the wearer. The absorbent assembly is releasably attached generally at front and back waist regions thereof to the waist belt. The garment shell is attached generally at front and back waist regions thereof to the waist belt, with the absorbent assembly generally disposed within the garment shell, whereby the front waist region of the garment shell is in opposed relationship with the front waist region of the absorbent assembly and the back waist region of the garment shell is in opposed relationship with the back waist region of the absorbent assembly.